

# Wait a minute Mr Postman

## Social Line Dance – Dance A

Description : 32 Counts, 4 Wall, E/Swing  
Choreographer : Alison Johnstone  
Music : "Please Mr Postman" The Saturdays



### 1-8: CHASSE, ¼ CHASSE, (2X) KICK BALL CHANGE

- 1 RF Step to right side.
- & LF Step together.
- 2 RF Step to right side.
- 3 LF Make ¼ turn left and step to side (09:00).
- & RF Step together.
- 4 LF Step to side.
- 5 RF Kick forward.
- & RF Step on ball.
- 6 LF Step in place.
- 7 RF Kick forward.
- & RF Step on ball.
- 8 LF Step in place.

### 9-16: CHASSE, ¼ CHASSE, (4X) BOOGIE WALKS

- 1 RF Step to side.
  - & LF Step together.
  - 2 RF Step to side.
  - 3 LF Make ¼ turn left and step to side (06:00).
  - & RF Step together.
  - 4 LF Step to side.
  - 5 RF Boogie walk forward.
  - 6 LF Boogie walk forward.
  - 7 RF Boogie walk forward.
  - 8 LF Boogie walk forward.
- (5-8 Sexy Walks)

### 17-24: TOUCH, PADDLE, ½, TOUCH, PADDLE, ½, JAZZ BOX

- 1 RF Touch forward.
- 2 LF Change weight and paddle ½ left (04:30).
- 3 RF Touch forward.
- 4 LF Change weight and paddle ½ left (03:00).
- 5 RF Cross over LF.
- 6 LF Step back.
- 7 RF Step to side.
- 8 LF Step together.

### 25-32: DIAGONAL FORWARD R, TOGETHER L, FORWARD R, TOUCH L STRAIGHTENING TO 03:00 (WITH ARMS), DIAGONAL FORWARD L, TOGETHER R, FORWARD L, TOUCH R, STRAIGHTENING TO 03:00

- 1 RF Step to right diagonal and push arms straight out, hip height (04:30).
- 2 LF Step together pulling elbows into waist.
- 3 RF Step forward push arms straight out hip height.
- 4 LF Touch together (straighten to 03:00), pulling elbows into waist.
- 5 LF Step to left diagonal and push arms straight out, hip height (01:30)
- 6 RF Step together pulling elbows into waist.
- 7 LF Step forward push arms straight out hip height.
- 8 RF Touch together (straighten to 03:00), pulling elbows into waist.

### **TAG: END OF WALL 4 FACING (12:00)**

### STOMP R TO SIDE R ARM STRAIGHT OUT PALM FWD (STOP), HOLD 3 COUNTS, HIP BUMPS

- 1 RF Stomp to right side, R arm out at shoulder height palm up and forward.
- 2-4 Hold.
- 5-8 Bump hips L, R, L, R.

### STOMP L, ARMS OUT AT SIDE LOW, PALMS FACING BACK, HOLD 3 COUNTS, ROLL HIPS AROUND

- 1 LF Stomp to left side, hands down at sides slightly out of body palms facing back.
- 2-4 Hold.
- 5-6 Rotate hips anticlockwise.
- 7-8 Rotate hips anticlockwise.