

This way

Classic Line Dance – Advanced A

Usage date – 18/09/2024 – 16/09/2025



Dance Style : Lilt (East Coast Swing)
Description : 96 Count, 2 Wall
Choreographer : Johanna & Jonas Dahlgren
Music : "How I Got to be this Way" by Justin Moore
Sequence : AB (TAG 1) AB (TAG 2) A*BBB

PART A:

1-8: (2X) KICKS, SAILOR STEPS (X2)

1 RF Kick across LF.
2 RF Kick diagonally right.
3 RF Cross behind LF.
& LF Step to left side.
4 RF Step to right side.
5 LF Kick across RF.
6 LF Kick diagonally left.
7 LF Cross behind RF.
& RF Step to right side.
8 LF Step forward.

9-16: (2X) ROCK STEP BALL, STEP FORWARD AND TOGETHER, KNEE POPS

1 RF Rock forward.
2 LF Recover.
& RF Step together.
3 LF Rock forward.
4 RF Recover.
& LF Step together.
5 RF Step forward.
6 LF Step together.
7 BF Pop knees forward, straighten knees.
8 BF Pop knees forward, straighten knees.

17-24: SIDE ROCK BEHIND SIDE CROSS, HITCH & SLIDE & KICK

1 RF Rock to right side.
2 LF Recover.
3 RF Cross behind LF.
& LF Step to left side.
4 RF Cross over LF.
5 LF Hitch knee.
6 LF Big step left.
7 RF Drag towards LF.
8 RF Kick diagonally right.

25-32: SAILOR TURN ½ R & FULL TURN L, KICK HITCH TURNS

1 RF Cross behind LF.
& LF Turn ¼ right and step left (03:00).
2 RF Turn ¼ right and step forward (06:00).
3 LF Turn ¼ left and cross behind RF (03:00).
& RF Turn ½ left and step right (09:00).
4 LF Turn ¼ left and step forward (06:00).
5 RF Turn ¼ left and kick to right side (03:00).
& RF Hitch.
6 RF Turn ¼ left and step back (12:00).
7 LF Turn ¼ left and kick left (09:00).
& LF Hitch.
8 LF Turn ¼ left and step forward (06:00).

A* ends here

33-40: CHASSE & BACK ROCK (X2)

1 RF Step to right side.
& LF Step together.
2 RF Step to right side.
3 LF Rock back.
4 RF Recover.
5 LF Step to left side.
& RF Step together.
6 LF Step to left side.
7 RF Rock back.
8 LF Recover.

41-48: ROCK SWEEP, BEHIND SIDE CROSS, DOUBLE/SINGLE SPIRAL TURN

1 RF Rock forward.
2 LF Recover and sweep RF from front to back.
3 RF Cross behind LF.
& LF Step to left side.
4 RF Cross over LF.
5 RF Hold.
6 RF Begin double spiral turn to L.
7 RF Finish double spiral turn to L.
8 LF Turn ⅛ left and sweep from front to back (04:30).

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Sequence : *AB (TAG 1) AB (TAG 2) A*BBB*



Option: Counts 45-48

5 Hold
6 RF Begin 1 full spiral turn to left.
7 RF Finish 1 full spiral turn to left.
8 LF Turn $\frac{1}{8}$ left and sweep from front to back (04:30).

49-56: BACK SWEEPS X4, COASTER STEP

1 LF Step back.
2 RF Sweep from front to back.
3 RF Step back.
4 LF Sweep from front to back.
5 LF Step back and sweep RF from front to back.
6 RF Step back, sweep LF from front to back.
7 LF Step back.
& RF Step together.
8 LF Step forward.

57-64: SHUFFLE, CHASSE, PIVOT TURNS

1 RF Step forward.
& LF Step together.
2 RF Step forward.
3 LF Turn $\frac{1}{8}$ right and step to left side (06:00).
& RF Step together.
4 LF Step to left side.
5 RF Pivot $\frac{1}{4}$ right and step to right (12:00).
6 LF Pivot $\frac{1}{2}$ right and step back (06:00).
7 RF Pivot $\frac{1}{4}$ right and step to right (09:00).
8 LF Pivot $\frac{1}{4}$ right and step back (12:00).

PART B

65-72: (4X) CHASSES FULL TURN

1 RF Step to right side.
& LF Step together.
2 RF Step to right side.
3 LF Make $\frac{1}{4}$ turn left and step to left (09:00).
& RF Step together.
4 LF Step to left side.

5 RF Make $\frac{1}{4}$ turn left and step to right side (06:00).
& LF Step together.
6 RF Step to right side.
7 LF Make $\frac{1}{4}$ turn left and step to left side (03:00).
& RF Step together
8 LF Make $\frac{1}{4}$ turn left and step forward (12:00).

73-80: HEEL, TOUCH, HEEL, FLICK, ROCK, (2X) HITCH STEP BACK

1 RH Touch diagonally forward.
& RF Step in place.
2 LT Touch behind RF.
& LF Step diagonally back.
3 RF Touch diagonally forward.
& RF Turn $\frac{1}{4}$ right and step in place (03:00).
4 LF Flick.
5 LF Rock forward.
6 RF Recover.
& LF Hitch knee.
7 LF Step back.
& RF Hitch knee.
8 RF Step back.

81-88: ROCK, SHUFFLE, FORWARD, ROCK, SHUFFLE BACK

1 LF Rock back.
2 RF Recover.
3 LF Step forward.
& RF Step together.
4 LF Step forward.
5 RF Rock forward.
6 LF Recover.
7 RF Step back.
& LF Step together.
8 RF Step back.

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89-96: MONTEREY ½ TURN L, BODY ROLL

- 1 LF Point left.
- 2 LF Step together and turn ½ turn left (09:00).
- 3 RF Point right.
- 4 RF Step together.
- 5 LF Point left.
- 6 LF Start body roll left.
- 7 LF Turn ¼ left, continue body roll (06:00).
- 8 LF Finish body roll and transfer weight to left.

TAG 1

1-8: OUT OUT, BALL CROSS, SPIRAL HALF TURN

- & RF Step to right side.
- 1 LF Step to left side.
- 2 Hold.
- & RF Step together.
- 3 LF Cross over RF.
- 4 Hold.
- 5 LF Start spiral turn ½ right.
- 6 LF Continue spiral turn ½ right.
- 7 LF Continue spiral turn ½ right.
- 8 LF Finish spiral turn ½ right, weight on LF (12:00).

9-16: OUT OUT, BALL CROSS, SPIRAL HALF TURN

- & RF Step to right side.
- 1 LF Step to left side.
- 2 Hold.
- & RF Step together.
- 3 LF Cross over RF.
- 4 Hold.
- 5 LF Start spiral turn ½ right.
- 6 LF Continue spiral turn ½ right.
- 7 LF Continue spiral turn ½ right.
- 8 LF Finish spiral turn ½ right, weight on LF (06:00).

TAG 2

1-4: (2X) BODY ROLL

- 1 RF Turn ¼ right, point to right side and start body roll right (03:00).
- 2 RF Finish body roll and transfer weight to RF.
- 3 LF Point to left side and start body roll left.
- 4 LF Turn ¼ left, finish body roll and transfer weight to LF (12:00).