

Get In or Get Out

Social Line Dance – Dance B

Description : 32 Counts, 4 Wall
Choreographer : Maggie Gallagher
Music : 'Get In or Get Out' – Sarah Lake



Intro: 8 Counts, Start on Vocals

STEP, KICK BALL CHANGE, WALK, ROCK, RECOVER, BACK SHUFFLE

- 1 RF Step forward.
- 2 LF Kick forward.
- & LF Step down next to RF
- 3 RF Step forward.
- 4 LF Walk forward.
- 5 RF Rock forward.
- 6 LF Recover.
- 7 RF Step back.
- & LF Step next to RF.
- 8 RF Step back.

½ SHUFFLE, ¼ SIDE ROCK, RECOVER, BEHIND SIDE CROSS, POINT, HOLD &

- 9 LF ¼ Turn left, step to left side.
- & RF Step next to LF.
- 10 LF ¼ Turn left, stepping forward. (*facing 06:00*)
- 11 RF ¼ Turn left, rocking right to right side.
- 12 LF Recover (*facing 03:00*)
- 13 RF Cross behind LF.
- & LF Step to left side.
- 14 RF Cross over LF.
- 15 LF Point to left side.
- 16 RF Hold.
- & LF Step next to RF.

***Restart Wall 3 **Tag & Restart Wall 9**

ROCK, RECOVER, & HEEL & HEEL, ROCK, RECOVER, ¼ CHASSE L

- 17 RF Rock forward.
- 18 LF Recover
- & RF Step next to LF.
- 19 LH Touch forward.
- & LF Step next to RF.
- 20 RH Touch forward.
- & RF Step next to LF.
- 21 LF Rock forward.
- 22 RF Recover.
- 23 LF ¼ Turn left, stepping to left side.
- & RF Step next to LF.
- 24 LF Step to left side.

CROSS, ¼, COASTER STEP, WALK ½, SHUFFLE ½

- 25 RF Cross over LF.
- 26 LF ¼ Turn right, stepping back (*facing 03:00*)
- 27 RF Step back.
- & LF Step next to RF.
- 28 RF Step forward.
- 29 LF Walk forward
- 30 RF ½ Turn left, stepping back on RF (*facing 09:00*)
- 31 LF ½ Turn left, stepping forward (*facing 03:00*).
- & RF Step next to LF.
- 32 LF Step forward.

(Alternative steps for 30-31&32:
Walk forward on RF, LF shuffle forward)

***RESTART: Wall 3 starts facing (06:00). Dance 16& counts then restart the dance facing (09:00).**

TAGS: At the end of Wall 5 facing (03:00) and Wall 8 facing (12:00), dance the 8 count Tag.

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Social Line Dance – Dance B

Description : 32 Counts, 2 Wall
Choreographer : Maggie Gallagher
Music : 'Get In or Get Out' – Sarah Lake



TAG:

ROCK, RECOVER, R COASTER STEP, ROCK, RECOVER, L COASTER STEP

- 1 RF Rock forward.
- 2 LF Recover.
- 3 RF Step back.
- & LF Step next to RF.
- 4 RF Step forward.
- 5 LF Rock forward.
- 6 RF Recover.
- 7 LF Step back.
- & RF Step next to LF.
- 8 LF Step forward.

**TAG & RESTART:

Wall 9 starts facing (12:00). Dance 16& counts,
then do the 4 count Tag (facing 03:00):

STOMP R, HOLD, STOMP L, HOLD

- 1 RF Stomp forward.
- 2 Hold.
- 3 LF Stomp forward.
- 4 Hold.

Then Restart the dance (*facing 03:00*)

ENDING:

Wall 12 starts facing (09:00). Complete Wall 12,
then stomp forward on right to finish facing
(12:00)