Grenade

Classic Line Dance - Intermediate E

Updated on 16/12/2023



Choreographer : Beatrice Bestonso, Isabel Bestonso & Monia Di Bella

Music : 'Grenade" – Bruno Mars (House remix) – Music slowed down to 127 bpm

World Country Dance Federation

(2X) SKATE, STEP NEXT, STEP FORWARD, TOE TOUCH, STEP SIDE, % TURN

| 1 | RF | Skate across LF. |
|---|----|------------------|
| 2 | RF | Skate to right. |
| & | RF | Recover weight |

3 LF Step next to RF, with ¼ turn to right (facing 03:00), looking with head to 12:00.

4 ¼ Head turn to right (03:00).

& LF Step forward.5 RF Toe touch behind.& Recover weight to RF.

6 LF Step to side with ¼ turn to left (facing

12:00).

7 LF Recover weight and % back spiral turn

to left (facing 01:30)

8 Hold.

(3X) HEEL TOUCH, TOE TOUCH, HEEL TOUCH, (2X) SAILOR STEP

9 RF Heel touch.& RF Step to LF.

10 LF Heel touch.

& LF Step next to RF.

11 RF Heel touch.

& RF Toe touch across LF.

12 RF Heel touch.

13 RF RF cross behind LF.

& LF Step to left side.

14 RF Step forward (facing 01:30).

15 LF Cross behind RF.

& RF Step to right side (turn % to L).

16 LF Step forward (facing 12:00)

(2X) SHUFFLE, (2X) BART SIMSON

17 RF Kick diagonal to right.

& RF Step to right side and LF kick

diagonal to left.

18 LF Hook back to right.19 LF Kick diagonal to left.

& LF Step to L side and RF kick diagonal to

right.

20 RF Hook back to left.

21 RF Step to side with heel up brushing on

the floor, LA in second position and

RA in front of the chest.

22 LF Slide next to RF, arms up.

23 LF Step to side with heel up brushing on

the floor, RA in second position and

LA in front of the chest.

24 RF Slide next to LF, arms up.

(4X) FARMER, (3X) SWEEP, ½ TURN RIGHT

& Bend knees (arms down/free).

25 LF Jump with left knee up.

& LF Place down and bend knees.

26 RF Jump with right knee up.

& RF Place down and bend knees.

27 LF Jump with left knee up.

& LF Place down and bend knees.

28 RF Jump with right knee up.

& RF Place down.

A LF Recover weight on LF.

29 RF Sweep from front to back

& RF Recover weight.

30 LF Sweep from front to back.

& LF Recover weight.

31 RF Sweep from front to back.

& RF Cross behind LF.

32 ½ Turn to right (*facing 06:00*)